

# Direct Support Resources

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## Animal-Assisted Therapy

### **Orange County Schools Animal-Assisted Therapy**

c/o Charlotte Hughes, PT  
New Hope Elementary School  
1900 New Hope Road  
Chapel Hill, NC 27516  
Phone: 919-942-9696 x. 1502  
E-mail: [hughes@visionet.org](mailto:hughes@visionet.org)

Contact Person: Charlotte Hughes, PT

*Includes animals in therapeutic programs to address IEP goals of improved motor function, increased socialization, better speech and language skills.*

### **North Carolina Therapeutic Riding Center**

P.O. Box 62572  
Durham, NC 27715-0572  
Phone: 919-471-6808

*Provides riding lessons and opportunities for social interaction. Used to encourage physical skills, cognitive functioning, emotional well-being, social skills and educational knowledge.*

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## **Autism Support**

### **Autism Community Initiative**

8204 Harvest Lane  
Mebane, NC 27302  
E-mail: [genrog@mebtel.net](mailto:genrog@mebtel.net)

Contact Person: Roger and Genie Robinson

*Group of parents and relatives of individuals with autism who live in the Triangle area, interested in planning an “intentional” community designed specifically to meet the needs of adults with autism. Initial community will serve the Chapel Hill and Raleigh TEACCH regions of the state.*

### **Autism Society of North Carolina**

515 Duluth St.  
Durham, NC 27705  
Phone: 919-493-8388 or 800-442-2762  
Website: [www.durham-autism.org](http://www.durham-autism.org)

### **Center for Autism and Related Disorders**

Phone: 336-855-1700  
Fax: 336-855-1787  
E-mail: [nccardinc@aol.com](mailto:nccardinc@aol.com)  
Website: [www.centerforautism.com](http://www.centerforautism.com)

Contact Person: Cecilia Knight

*Develops unique and individualized programs designed around child’s particular strengths. Consults with other professionals to target all areas of development.*

### **Division TEACCH**

100 Renee Lynne Court  
(Mailing Address: CB #6305, Chapel Hill, 27599-6305)  
Carrboro, NC 27510  
Phone: 919-966-5156  
Fax: 919-966-4003  
Website: [www.teacch.com](http://www.teacch.com)

*Serves individuals with autism. Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.*

### **New Hope ASD Consulting**

1202 Braxton Bragg Ct.  
Hillsborough, NC 27278  
Phone: 919-260-1077

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E-mail: [newhopeasdconsulting@yahoo.com](mailto:newhopeasdconsulting@yahoo.com)

Contact Person: Casey M. Palmer

*Provides educational and behavioral consulting services with children with autism spectrum disorder and/or developmental delays. Services include: Free initial consultation, personalized assessments, early intervention, developmental education plan, behavior change programs, caregiver training.*

*Vision: To empower families of children with Autism Spectrum Disorder to build relationships, reach developmental and educational milestones and promote positive behavior.*

## **A Small Miracle, Inc.**

4904 Waters Edge Drive

Suite 275

Raleigh, NC 27606

Phone: 877-339-0535 or 919-854-4400

Fax: 919-966-7532

Website: [www.asmallmiracleinc.com](http://www.asmallmiracleinc.com)

*Provides CAP/CBS Services, Family Training and Services, and Therapeutic Case Consultation to children and adults with Autism and other special needs.*

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## **Behavioral Support**

### **Early Childhood Outreach Program (EChO)**

Exchange Clubs' Family Center

1200 Broad Street, Suite 209

Durham, NC 27705

Phone: 919-286-9106 x. 225

Fax: 919-286-4716

*Provides free consultations and family support services when children present challenging behaviors.*

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## **Child Development Services**

### **Durham Council for Children with Special Needs – Developmental Screening Clinic**

115 Market St., Suite 201

Durham, NC 27701

Phone: 919-956-5016

Fax: 919-560-3018

E-mail: [dccsn.org@verizon.net](mailto:dccsn.org@verizon.net)

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Website: [www.dccsn.org](http://www.dccsn.org)

*A free screening clinic for children age 0-5, if families have concerns about how their child is developing. Screening is the first step to determining a need for further services.*

## **Frank Porter Graham Child Development Center**

Fax: 919-966-7532

E-mail: [Don\\_Bailey@unc.edu](mailto:Don_Bailey@unc.edu)

Website: [www.fpg.unc.edu](http://www.fpg.unc.edu)

Contact Person: Don Bailey, Director

*Conducts research and outreach for children age birth to 8 years old. Studies the biological and environmental factors that challenge early development and learning.*

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## **Community Support Services**

### **Advanced Health Resources**

#### **Chapel Hill Office**

104 S. Estes Dr., Suite 301-D

Chapel Hill, NC 27514

Phone: 919-960-2711

Fax: 919-960-2799

#### **Raleigh Office**

8406 Six Forks Road, Suite 201

Raleigh, NC 27615

Phone: 919-845-5590

Fax: 919-845-5125

*Provides the following services: Outpatient Treatment, Case Management, Community-Based Supports and Mental Retardation/Developmental Disabilities Services.*

### **Carobell, Inc.**

198 Cinnamon Drive

Hubert, NC 28539

Phone: 910-326-7600

Fax: 910-326-9988

E-mail: [carobell@carobell.com](mailto:carobell@carobell.com)

Website: [www.carobell.com](http://www.carobell.com)

*Provides care and responsive services in a community-based, person-centered environment. Provides therapeutic services, residential options, day programs, vocational training, and CAP-MR/DD. Serves North Carolina residents statewide and offers an alternative to institutional care by encouraging family involvement and normalization. Provides twenty-four hour nursing and direct care.*

# Direct Support Resources

## **Community Innovations, Inc.**

801 Wilson St.  
Whiteville, NC 28472  
Phone: 910-642-5697 or 1-800-783-1268

*Provides person-centered support services to individuals with disabilities, including CBS Services, Supported Employment, Case Management and Residential Services. Mission is to enable individuals that they support to access services, make choices, pursue aspirations, live and interact with dignity and respect in their communities.*

## **Coordinated Health Services, Inc.**

2310 S. Miami Blvd.  
Suite 235  
Durham, NC 27703  
Phone: 919-484-7819

*Provides health and treatment services (CAP, CBS, Case Management), Residential Treatment, Home Health and Family Training.*

## **Easter Seals UCP North Carolina**

1804-112 MLK Jr. Pkwy.  
Durham, NC 27707  
Phone: 919-493-8793  
Fax: 919-402-8754  
Website: [www.nc.eastersealsucp.com](http://www.nc.eastersealsucp.com)

Contact Person: Katie Tise, Clinical Supervisor

### *Raleigh Office:*

2315 Myron Drive  
Raleigh, NC 27607  
Phone: 919-783-8898 or 800-662-7119  
Fax: 919-782-5486  
Website: [www.ucpnc.org](http://www.ucpnc.org)

*Provides Best Practice Mental Health Services, including CBS, Children's Therapy and Outpatient Counseling. Mission: To create opportunities, promote individual choice and change the lives of children and adults with disabilities by maximizing their individual potential for living, learning and working in their communities. Also offers a Child Residential Program, providing alternative family settings for children in need due to family conflict, abuse, neglect, delinquency, emotional or physical challenges.*

## **Health Force / Prime Health, Inc.**

1631 Midtown Place  
Suite 107  
Raleigh, NC 27609  
Phone: 919-493-7059 (Durham) or 919-787-2137 (Raleigh)  
Fax: 919-493-0659 (Durham) or 919-783-6859 (Raleigh)  
Website: [www.primehealthinc.com](http://www.primehealthinc.com)

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*Serves children, adults, and aging individuals in our community by providing a wide range of mental health services. Offers community-based services that promote consumer independence through habilitation and skills training, family support services, and interagency cooperation. Provides mental health and CAP-MR/DD Services.*

## **Howell Support Services**

1001 Navaho Drive  
Suite 103  
Raleigh, NC 27609  
Phone: 919-876-2760 or 1-877-876-2760

*Provides CAP, CBS and Mental Health Services. Mission: Community-based program committed to providing quality services to individuals in the community setting. It is our mission to empower individuals to be the best that they can be.*

## **North Carolina MENTOR-RALEIGH**

3125 Poplarwood Court  
Suite 300  
Raleigh, NC 27604  
Phone: 919-790-8580  
Fax: 919-790-8065  
E-mail: [michele.swigunski@thementornetwork.com](mailto:michele.swigunski@thementornetwork.com)

Contact Person: Michele Swigunski, Raleigh Program Manager

*Provides CAP MR/DD Supported Living and Employment; Community-Based Services; MR/MI Supervised Living and Personal Assistance; MR/DD Residential Services; and Therapeutic Foster Care services. Therapeutic foster services extend to Durham County.*

## **North Carolina Client Assistance Program (CAP)**

2806 Mail Service Center  
Raleigh, NC 27699  
Phone: 1-800-215-7227 or 919-855-3600 or 919-855-3600 (TTY)  
Fax: 919-715-2456  
E-mail: [NCCAP@ncmail.net](mailto:NCCAP@ncmail.net)

*Federally funded program designed to assist people with disabilities in understanding and using rehabilitation services.*

## **North Carolina Division of Services for the Blind**

307 Ashe Ave.  
Raleigh, NC 27606  
Phone: 1-800-422-1871 or 919-733-4234 (Voice/TTY)  
Fax: 919-715-4265  
E-mail: [cecil.delbridge@ncmail.net](mailto:cecil.delbridge@ncmail.net)  
Website: [www.dhhs.state.nc.us/dsb/aboutus.htm](http://www.dhhs.state.nc.us/dsb/aboutus.htm)

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Contact Person: Cecil Delbridge

## **Omni Visions**

1910 Sedwick Road, 300-D  
Durham, NC 27713-2235  
Phone: 1-800-544-6574 x. 11  
Fax: 919-544-8728  
Website: [www.omnivisions.com](http://www.omnivisions.com)

*Provides choices, alternatives and solutions for individuals and families with mental health and developmental disability needs. Programs include: Child Mental Health Services, Adoption Services, CAP-MR/DD Services for Children and Adults, Juvenile Justice Program, and Deaf & Hard of Hearing Program. Several offices statewide, with administrative headquarters in Raleigh.*

## **People Helping People (PHP) of NC, Inc.**

1500 East Club Blvd. (04)  
P.O. Box 20014  
Durham, NC 27707  
Phone: 919-220-0021  
Fax: 919-220-4555  
E-mail: [PHPOFNC@aol.com](mailto:PHPOFNC@aol.com)

*Believes that a client who has mental illness, mental retardation and/or a developmental disability is a person first, and his or her challenges are secondary. With this in mind, PHP of NC, Inc. strives to create an interactive, stimulating and safe environment that addresses the physical, emotional, social, mental and spiritual needs of each consumer. Provides supported employment, personal care and residential services, Respite, CAP-MR/DD, Alternative Family Living and CBS Services.*

## **Preferred Alternatives, Inc.**

P.O. Box 44105  
Fayetteville, NC 28309  
Phone: 910-483-5744 or 877-787-8733  
Fax: 910-483-5494 / 877-497-4371  
E-mail: [elliott1562@msn.com](mailto:elliott1562@msn.com)  
Website: [www.preferredalternatives.org](http://www.preferredalternatives.org)

*Provides CAP-MR/DD, Thomas S., CAP-C, CAP-DA, Licensed Home Care Agency, Respite and Crisis Stabilization services.*

## **Rainbow "66" Storehouse, Inc.**

706 Rigsbee Ave.  
Durham, NC 27701  
Phone: 919-686-0165  
Fax: 919-686-0167

Contact: Kaye Crossland, Executive Director

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*Provides CAP-MR/DD, Thomas S., CAP-C, CAP-DA, Licensed Home Care Agency, Respite and Crisis Stabilization services.*

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## **Contract Management**

### **The Durham Center**

501 Willard St.  
Durham, NC 27701  
Phone: 919-560-7366

*Mental Retardation, Developmental Disability and Substance Abuse Services. Provides referrals to provider agencies or immediate emergency assistance. Assists individuals and families in creating a Person-Centered Plan or Child and Family Plan detailing: Strengths and interests, goals and desires, supports available, and community resources. Planning is self-directed to meet individual needs.*

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## **Essential Lifestyle Planning**

### **ELP Learning Community**

c/o Support Development Associates  
3245 Harness Creek Road  
Annapolis, MD 21403  
Phone: 410-626-2707  
Fax: 410-626-2708  
E-mail: [mwsmull@cs.com](mailto:mwsmull@cs.com)  
Website: [www.elpnet.net](http://www.elpnet.net)

*Guided process for learning how a person wants to live and developing a plan to make it happen. The individual and his/her loved ones are always at the center of the planning team.*

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## **Information and Referral**

### **United Way 2-1-1**

Phone: 211  
Website: [www.211NC.org](http://www.211NC.org)

*Central resource directory for the Triangle area.*

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## **In-Home Services**

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## **Mid-Carolina Homecare Specialists, LLC**

600 Airport Boulevard  
Suite 500  
Morrisville, NC 27560  
Phone: 919-465-9300 or 1-800-239-0462  
Fax: 919-465-9310

*Provides in-home infusion and enteral therapy. Mission: To provide the highest quality homecare services through clinical excellence, personalized patient care and superior customer service. Holds contracts with private insurance companies and Medicare/Medicaid.*

## **Visiting Angels Living Assistance Services**

14 Shepard Springs Ct.  
Durham, NC 27713  
Phone: 919-401-8455  
Fax: 919-489-8512  
Website: [www.visitingangels.com](http://www.visitingangels.com)

Contact Person: Dr. Stephanie D. Brown

*Homecare agency for senior citizens who are homebound. Adjusts to the individual's schedule. Assistance with hygiene, meal preparation and diet monitoring, light housekeeping, errands and shopping, long-term or temporary care available.*

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## **Interpreter Services**

### **Interpreters, Inc.**

P.O. Box 604  
109-4 Capcom Avenue (Zip: 27587)  
Wake Forest, NC 27588-0604  
Phone: 866-678-8686 or 919-570-8686  
Fax: 919-570-8119  
E-mail: [iinc@interpretersinc.com](mailto:iinc@interpretersinc.com)  
Website: [www.interpretersinc.com](http://www.interpretersinc.com)

Contact Person: Kathleen Beetham

*Provides Foreign Language translation, American Sign Language translation, transcription, document translation and educational classes. Has an emergency service program.*

### **El Centro Hispano**

201 W. Main Street  
Durham, NC 27701  
Phone: 919-687-4635

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## Mental Health Services

### **Mental Health Association of North Carolina, Inc.**

3820 Bland Road

Raleigh, NC 27609

Phone: 919-981-0740 or TDD: 800-735-2962

Fax: 919-954-7238

E-mail: [sgoff@mha-nc.org](mailto:sgoff@mha-nc.org)

Website: [www.mha-nc.org](http://www.mha-nc.org)

Contact Person: Judy Ritchie (x. 330 or [jritchie@mha-nc.org](mailto:jritchie@mha-nc.org))

*Mission: To help people with severe and persistent mental illness achieve respect, stability, security, and quality of life.*

*Assertive Community Treatment Teams: Medicaid-based comprehensive outpatient treatment.*

*Psychosocial Rehabilitation Services: Structured educational, vocational, social rehabilitation activities in a licensed community setting. Intended to maximize long-term recovery.*

*Outreach to NC Schools: Continuing education for staff and children, training to school systems, "Health Minds, Healthy Children" program, eating disorders awareness and prevention.*

*Residential Services Program: Provides residential services in the least restrictive setting possible.*

*Law Enforcement Training: Mental health resources for law enforcement personnel.*

*Reaching Out Educational Awareness Campaign: Program for families and friends of persons with mental illness and consumers of mental health services*

*Respite Care*

### **Thompson Children's Home**

6800 Saint Peter's Lane

Matthews, NC 28105

Phone: 704-536-0375 or 888-293-6216

Fax: 704-531-9266

Website: [www.thompsonchildrenshome.org](http://www.thompsonchildrenshome.org)

*Nonprofit agency affiliated with the Episcopal churches of North Carolina. Mission: To meet the needs of North Carolina's children through healing, teaching, worship and play. Serves children with severe emotional and behavioral disorders that prevent them from thriving in a typical community environment. Services include: Residential treatment, group homes, foster care, Child Development services, Day treatment, and Outpatient services.*

### **Youth Focus Inc. Residential Services**

301 E. Washington St.

Greensboro, NC 27401

Phone: 336-333-6853 (Group Homes) or 336-375-8333 (Psychiatric Residential Treatment/Therapeutic Foster Care)

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E-mail: [Dscott@Youthfocus.org](mailto:Dscott@Youthfocus.org) or [Dcoleman@Youthfocus.org](mailto:Dcoleman@Youthfocus.org)  
Website: [www.Youthfocus.org](http://www.Youthfocus.org)

*Serves children and adolescents with mental health and substance abuse treatment needs, including Crisis Care, Therapeutic Foster Care, Adolescent Substance Abuse Program, Psychiatric Residential Treatment Facility, and homes for children and adolescents with emotional and behavioral problems.*

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## **Residential Services**

### **Aggie Homes**

404 Lyric Street  
Durham, NC 27701  
Phone: 919-688-5417

*Provides residential support to males age 10-17. 24-hour supervision.*

### **Durham County Community Living Programs**

3500 Westgate Dr., Suite 103  
Mail to: PO Box 51159 Durham, 27717-1159  
Durham, NC 27707  
Phone: 919-489-0682  
Fax: 919-493-0869

### **Greenhouse for Girls & Greenhouse for Boys**

Operated By: Concern of Durham, Inc.  
1800 Martin Luther King Parkway, Suite 102  
Durham, NC 27707  
Phone: 919-489-5652  
Fax: 919-490-6288  
E-mail: [concernofdurham@nc.rr.com](mailto:concernofdurham@nc.rr.com)  
Website: [www.concernofdurham.org](http://www.concernofdurham.org)

*Provides community-based residential treatment facilities for adolescents with emotional and/or behavioral problems.. No one is denied admission because of inability to pay.*

### **Murdoch Center**

1600 East C Street  
P.O. Box 3000  
Butner, NC 27509  
Phone: 919-575-1000  
E-mail: [elizabeth.hayes@ncmail.net](mailto:elizabeth.hayes@ncmail.net)

Contact Person: Elizabeth Hayes, Admissions Coordinator

# Direct Support Resources

*Provides ICF/MR residential care and short-term respite admissions for persons with profound, severe or moderate mental retardation or related developmental disabilities. No one is denied admission because of inability to pay.*

*Partners in Autism Treatment and Habilitation Program (PATH): 1 unit at Murdoch Center and one residential home for children ages 6 to 16 with autism and serious behavioral challenges*

*Behaviorally Advanced Residential Treatment Program (BART): Individuals with developmental disabilities who demonstrate extreme and dangerous forms of aberrant behavior. Usually males ages 16 to 25 with a history of failed treatment placements and/or repeat criminal offenses.*

## **RHA Health Services, Inc.**

910 N. Durham Ave.  
Creedmor, NC 27522  
Phone: 919-528-2558  
Fax: 919-528-2971

Contact Person: Dr. David Wiesner

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## **Self-Advocacy**

### **Common Ground**

Arc of Durham County  
3500 Westgate Dr., Suite 303  
Durham, NC 27707  
Phone: 919-493-8141

Contact Person: Beth Gessner

*Self-advocacy group for adults with developmental disabilities. Provides social activities, conventions and retreats, and community service and volunteer opportunities for members. Meet s twice a month.*

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## **Service Coordination (Early Intervention and Support Brokerage)**

### **Arc of North Carolina**

**Durham Office**  
3500 Westgate Dr., Suite 701  
Durham, NC 27707  
Phone: 919-489-5640  
Website: [www.arcnc.org](http://www.arcnc.org)

### **Area Services and Programs**

1514 HWY 54 W, 200 Hamilton Center  
Durham, NC 27707

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Phone: 919-433-0152

Fax: 919-433-0155

## **Baby Steps**

2611 Broad Street

Durham, NC 27704

Phone: 919-220-8963

Fax: 877-684-4306

Contact Person: Patty Bryant, Director

## **Durham CDSA**

115 Market St., Suite 201

Durham, NC 27701

Phone: 919-560-5600

*Provides free developmental evaluations and early intervention services on a sliding fee scale. For children at risk for developmental delays or diagnosed with special needs. No child denied services because of inability to pay. Provides Early Intervention services to children ages birth to 3 years old (including Evaluations, Service Coordination and Transition to Preschool services). Provides evaluations to children ages 3 to 5.*

## **Community Partnerships, Inc.**

3700 Lyckan Pkwy. Ste. B

Durham, NC 27707

Phone: 919-402-9400

Fax: 919-402-4744

Website: [www.compart.org](http://www.compart.org)

Contact Person: Janet George

*Supports full involvement of individuals with developmental disabilities in education, career and community opportunities. Provides inclusion support (Infant-Toddler, School-Age,, and support brokerage.*

## **Durham County Health Department – Child Service Coordination**

414 E. Main St.

Durham, NC 27701

Phone: 919-560-7700

*Voluntary early intervention program (offered at no charge to the family), serving children age 0-3 at risk for developmental delay and age 3-5 with a diagnosed developmental disability or delay. Services include: developmental screening, referrals, in-home nursing and in-home social work, and parent education.*

## **Healthy Families Durham**

3518 Westgate Dr.

Suite 100

Durham, NC 27707

Phone: 919-419-3474 x.310

# Direct Support Resources

*Offers early childhood service coordination and maternity care coordination services in both English and Spanish.*

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## Social Services

### **Durham County Department of Social Services**

220 E. Main Street  
P.O. Box 810  
Durham, NC 27702-0810  
State Courier #: 17-24-13  
Phone: 919-560-8000  
Fax: 919-560-8102  
Website: [www.co.durham.nc.us](http://www.co.durham.nc.us)

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## Speech/Language Services

### **Spk2Me**

P.O. Box 11873  
Durham, NC 27703  
Phone: 919-596-6693  
Fax: 919-596-6774

*Provides speech and language services for children aged birth to 6 years old. Family-centered treatment philosophy, provides personalized and individualized services.*

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## Support and Advocacy

### **AED Disabilities Studies and Services Center**

1825 Connecticut Ave., NW  
Washington, D.C. 20009  
Phone: 202-884-8200  
E-mail: [cvaldivi@aed.org](mailto:cvaldivi@aed.org)  
Website: [www.aed.org](http://www.aed.org)

Contact Person: Carol H. Valdivieso, Ph.D., Vice President and Director

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*Dedicated to helping children and young people with disabilities and special health care needs participate fully in school, work and their communities. Manages a portfolio of research, public information services, and technical assistance programs to support individuals, families, schools, businesses, communities, and state and federal government entities as we work together to build an environment encouraging success for all.*

## **The Arc of Durham County**

3500 Westgate Drive  
Suite 303  
Durham, NC 27707  
Phone: 919-493-8141  
Fax: 919-489-3434  
E-mail: [lyndagross@verizon.net](mailto:lyndagross@verizon.net)

Contact Person: Lynda Gross, Executive Director

*Provides support services, including respite care, Adult Services, and family support. Advocates for individuals with developmental disabilities and their families.*

## **The Arc of Wake County**

401 Oberlin Road  
Suite #225  
Raleigh, NC 27605  
Phone: 919-832-2660  
Fax: 919-832-5446  
E-mail: [arcofwakecnty@earthlink.net](mailto:arcofwakecnty@earthlink.net)

*Offers programs, direct advocacy, information and referral services to individuals with developmental disabilities and their families in Wake County.*

## **Community Works**

911 Terrien Way  
Parksville, BC V9P1T2  
Phone: 250-248-2531  
E-mail: [wetherow@communityworks.info](mailto:wetherow@communityworks.info)  
Website: [www.communityworks.info](http://www.communityworks.info)

Contact Person: David and Faye Wetherow

*Provides planning, training and design in the field of community living.*

## **Disability Is Natural**

Braveheart Press  
P.O. Box 7245  
Woodland Park, CO 80863  
Phone: 866-948-2222 or 719-687-0735  
Fax: 719-687-8114  
Website: [www.disabilityisnatural.com](http://www.disabilityisnatural.com)

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Contact Person: Kathie Snow

*Advocates for inclusion, opportunity and dignity for people with disabilities. Provides literature, videos and products that raise awareness.*

## **Imagine**

3694 Mt. Tabor Road  
Blacksburg, VA 24060  
Phone: 540-552-5629  
Fax: 540-552-1734  
Website: [www.dimagine.com](http://www.dimagine.com)

Contact Person: David Pitonyak, Ph.D.

*Consulting practice supporting people with disabilities. Philosophy: "Difficult behaviors result from unmet needs."*

## **North Carolina Council on Developmental Disabilities**

3801 Lake Boone Trail  
Suite 250  
Raleigh, NC 27607  
Phone: 919-420-7901 (Voice/TDD) or 800-357-6916 (Voice/TDD)  
Website: [www.nc-ddc.org](http://www.nc-ddc.org)

*Part of a national network of organizations that assist people with developmental disabilities and promote the "independence, productivity, integration and inclusion into the community" of people with developmental disabilities and their families.*

## **NC DMH/DD/SAS – Advocacy and Customer Services Section**

Albemarle Building – 11<sup>th</sup> Floor – Suites 1156 & 1156-2  
Mail Service Center #3009  
Raleigh, NC 27699-3009  
Phone: 919-715-3197 or 919-715-1968 (TTY)  
Fax: 919-733-4962  
CARE-LINE Information & Referral Services: 1-800-662-7030

*Part of a national network of organizations that assist people with developmental disabilities and promote the "independence, productivity, integration and inclusion into the community" of people with developmental disabilities and their families.*

## **Triangle Down Syndrome Network**

C/o B. Zahn  
109 Raphael Drive  
Cary, NC 27511  
Phone: 919-788-3646  
Website: [www.triangledownsyndrome.org](http://www.triangledownsyndrome.org)

*Provides for education, care, socialization, vocational development and inclusion of individuals with Down Syndrome. Promotes community awareness and action.*

# Direct Support Resources

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## Support/Advocacy for Seniors

### **North Carolina Division of Aging and Adult Services**

Taylor Hall, 693 Palmer Dr., Raleigh  
(Mail to: 2101 Mail Service Center, Raleigh, NC, 27699-2101)  
Phone: 919-733-3983  
Fax: 919-733-0443  
Website: [www.dhhs.state.nc.us/aging/mission.htm](http://www.dhhs.state.nc.us/aging/mission.htm)

Contact Person: Karen Gottovi, Division Director

### **Triangle J Area Agency on Aging**

P.O. Box 12276  
Research Triangle Park, NC 27709  
Phone: 919-558-2711  
Website: [www.tjaaa.org](http://www.tjaaa.org)

*Promotes the highest level of well-being for older adults through a system of opportunities, services, and protective supports. Goal is to help older adults live in their communities in the least restrictive environment with maximum dignity and independence. Services include Administration, Ombudsman Program (see LEGAL-ADVOCACY RESOURCES), Employment and Family/Caregiver Supports.*

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## Therapeutic Support

### **Amelia Pediatric Therapy**

2504 Amelia Church Road  
Clayton, NC 27520  
Phone: 919-553-4051 or Pager/VM: 919-868-2827  
Fax: 919-477-4542

### **American Music Therapy Association**

8455 Colesville Road  
Suite 1000  
Silver Spring, MD 20910  
Phone: 301-589-3300  
E-mail: [info@musictherapy.org](mailto:info@musictherapy.org)  
Website: <http://www.musictherapy.org>

### **Department of Communication Disorders (North Carolina Central University)**

NCCU Communication Disorders Program, School of Education Building  
P.O. Box 19776  
Durham, NC 22707

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Phone: 919-530-7473

Fax: 919-530-7975

Website: <http://www.nccu.edu/soe/departments/comdis/index.html>

Contact Person: Diane Scott, Interim Chair

## **Developmental Therapy Associates, Inc.**

3514 University Dr.

Office #8

Durham, NC 27707

Phone: 919-493-7002

E-mail: [dtaot@aol.com](mailto:dtaot@aol.com)

Website: [www.developmentaltherapy.com](http://www.developmentaltherapy.com)

Contact Person: Linda King-Thomas

*Occupational therapy and speech/language therapy with expertise in the sensory integrative method. Provides community education and training.*

## **Durham Council for Children with Special Needs**

115 Market Street

Suite 201

Durham, NC 27701

Phone: 919-956-5016

Contact Person: Wendy Burnette

## **Emerge**

2919 Colony Road

Durham, NC 27705

Phone: 489-7333

Fax: 919-489-0504

E-mail: [info@emergeachildsplace.com](mailto:info@emergeachildsplace.com)

Website: [www.emergeachildsplace.com](http://www.emergeachildsplace.com)

Contact Person: Bonnie Hacker

*Occupational therapy services. Goals: (1) To develop motor skills and coordination; (2) To improve sensory integration and modulation; (3) To foster independence in self-help and play skills; (4) To increase social and communication skills; (5) To improve focus, attention and organization; (6) To succeed in school; (7) To improve self-esteem and self-confidence.*

*Services include:*

- ❖ *Sensory Processing and Modulation*
- ❖ *Sensory Integration*
- ❖ *Developmental and Adaptive Play*
- ❖ *Therapeutic Use of Occupation Alert Program*
- ❖ *Handwriting Without Tears and Loops and Groups*
- ❖ *Therapeutic Listening, Interactive Metronome*

# Direct Support Resources

❖ *Neurodevelopmental Treatment.*

## **The Healing Self Retreat Center, Inc.**

Hillsborough, NC 27278

Phone: 919-245-3499

Contact Person: Patricia A. Schmidt

*Specializes in families with children with disabilities and caregiver restoration.*

*Services include:*

- ❖ *Therapeutic Recreation*
- ❖ *Warm Water Relaxation Therapy*
- ❖ *Swimming Lessons*
- ❖ *Stress Management*
- ❖ *Meditation*
- ❖ *Aquatic Exercise*
- ❖ *Ai Chi Classes*
- ❖ *Community Water Safety Workshop*
- ❖ *Family/Individual Retreats*

## **Light Healing Center**

1717 Legion Road

Suite 202

Chapel Hill, NC 27514

Phone: 919-967-0094

E-mail: [lighth Healing@earthlink.net](mailto:lighth Healing@earthlink.net)

Contact Person: Laurel Wilkinson, R.N.

*Provides the following services:*

*CranioSacral Therapy: Light-touch manual therapy which monitors the rhythm of the craniosacral system (membranes and fluid that surround and protect the brain and spinal cord) to detect potential restrictions. Helps to release problems and relieve pressure.*

*CranioSacral Therapy for Children – Can potentially decrease difficulties associated with the birth process which are often response for brain dysfunction and problems in the central nervous system.*

*Visceral Manipulation – Locates and solves bodily problems through specific placement of soft manual force, improving organ function, dissipating the negative effects of stress, enhancing mobility and influencing metabolism.*

## **Triangle Music Therapy, Inc.**

5623 Centennial Drive

Durham, NC 27712

Phone: 919-471-2219

E-mail: [mustherapy@aol.com](mailto:mustherapy@aol.com)

Contact Person: Margaret Roesch, Director

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*Fosters developmental of motor, communication, cognitive and social abilities, encourages communication and language development, and fosters creativity and exploration. Provides adapted lessons and adapted instruments. Music therapy also available for families and caregivers of individuals with special needs.*

## **Triangle Therapy**

3602 Trail Twenty Three  
Durham, NC 27707-5156  
Phone: 919-489-7771  
E-mail: [stayrose@mindspring.com](mailto:stayrose@mindspring.com)  
Website: [www.triangletherapy.com](http://www.triangletherapy.com)

Contact Person: Sheila Tayrose

*Occupational and Physical Therapy, Assistance with Motor or Sensory difficulties, rehabilitation of motor abilities after illness/injury. Accepts Medicaid for children under 21.*

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## **Transportation Assistance**

### **DATA ACCESS (Durham Area Paratransit)**

Phone: 919-688-1525 x. 23  
Website: <http://data.durhamnc.gov>

*Door-to-door paratransit option within the city of Durham (also includes taxicab option).*

### **NC Depts. Of Transportation/Health and Human Services**

Phone: 919-733-4534  
E-mail: [Kathy\\_McGehee@ncmail.net](mailto:Kathy_McGehee@ncmail.net)

Contact Person: Kathy McGehee, Transportation Program Administrator

### **Triangle Transity Authority (TTA) – Paratransit Service**

Phone: 919-485-7468  
Website: [www.ridetta.org](http://www.ridetta.org)

*Paratransit service within Raleigh, Durham, and Chapel Hill.*

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